

SUBSTANCE ABUSE SERVICES

To request Substance Abuse Services please call 1-800-448-5498

Services available include:

Prevention ~Outpatient Treatment ~Case Management~ Peer Support Services ~Detox ~Residential Services
Groups ~Women's Specialty Program ~Early Intervention Services

<p>Sacred Heart Rehabilitation Center 1106 Washington Ave Bay City, MI 48708 (989)894-2991</p> <p>Substance abuse services including prevention, outpatient treatment, intensive outpatient treatment, groups, women's specialty services and community education. Serve adults, children and families.</p>	<p>Neighborhood Resource Center 709 Ninth St. Bay City, MI 48708 (989)895-3510</p> <p>Substance abuse prevention, community education, and groups for youth and parents.</p>				
<p>DOT Caring Centers</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>3190 Hallmark Saginaw, MI (989)790-3366</p> </td> <td style="width: 50%; vertical-align: top;"> <p>6840 Midland Rd Freeland, MI (989)692-2160</p> </td> </tr> </table> <p>Substance abuse services including assessment, outpatient treatment, detox, residential, groups and Women's Specialty Services. Serve adults, children and families.</p>	<p>3190 Hallmark Saginaw, MI (989)790-3366</p>	<p>6840 Midland Rd Freeland, MI (989)692-2160</p>	<p>Kairos Health Care</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>Family Care Center 3400 S. Washington Saginaw, MI 48601 (989)755-1072</p> </td> <td style="width: 50%; vertical-align: top;"> <p>Adult Services 1321 S. Fayette Saginaw, MI 48602 (989)792-8000</p> </td> </tr> </table> <p>Provide Women's Specialty Services, outpatient treatment, adult residential, and a residential program for adolescents. Serve adults and adolescents and their families.</p>	<p>Family Care Center 3400 S. Washington Saginaw, MI 48601 (989)755-1072</p>	<p>Adult Services 1321 S. Fayette Saginaw, MI 48602 (989)792-8000</p>
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<p>List Psychological</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>126 Washington Ave. Bay City, MI 48708 (989)684-7977</p> </td> <td style="width: 50%; vertical-align: top;"> <p>3720 Wilder Rd Unit B Bay City, MI 48706 (989)460-1000</p> </td> </tr> </table> <p>Provide outpatient treatment and aftercare services to adults and youth. Accepts most insurance.</p>	<p>126 Washington Ave. Bay City, MI 48708 (989)684-7977</p>	<p>3720 Wilder Rd Unit B Bay City, MI 48706 (989)460-1000</p>	<p>Sterling Area Health Center 725 E. State Street Sterling, MI 48659 (989)654-3501</p> <p>Provides outpatient treatment, prevention and aftercare services to adults and youth.</p>		
<p>126 Washington Ave. Bay City, MI 48708 (989)684-7977</p>	<p>3720 Wilder Rd Unit B Bay City, MI 48706 (989)460-1000</p>				
<p>Bay Psychological 1420 Center Ave. Bay City, MI 48708 (989) 686-1990</p> <p>Substance abuse services including assessment, outpatient treatment, detox, residential, groups and Women's Specialty Services. Serve adults, children and families.</p>					

Other resources for substance use disorder services may be obtained by calling your family physician, your insurance carrier, or checking the yellow pages of the phone book.

You may also call the Bay Arenac Behavioral Health Access Services number at 1-800-448-5498.

SUPPORT GROUPS

<p>Alzheimer Support Group (Arenac County) Meets monthly at the Council on Aging, Trackside Senior Center in Omer. Call 653-2692 for information.</p> <p>Alzheimer/Dementia Support Group (Bay County) Contact Golden Horizons for more information at (989)892-6644.</p>	<p>Survivors of Suicide Support Group Support & understanding to those who have lost a loved one to suicide. Meets twice per month. 1 on 1 support is available following a suicide attempt or death. Call Barb Smith at (989)781-5260.</p>	<p>Depression and Bipolar Support Alliance- Great Lakes Bay Region A peer led support group for people living with or supporting someone living with depression or bipolar disorder. Meets every Tuesday at the McLaren Bay Region Cafeteria Meeting Room from 6:30 PM – 7:45 PM. For more information, contact Karla at 992-9159</p>
<p>DivorceCare: Non-denominational support group that features biblical teachings to help those recovering from divorce and separation. DivorceCare meets Wednesday evenings from 7:00 P.M - 8:30 P.M at In His Presence Ministries. Child care is provided. For more information, please contact (989) 686-5704.</p>	<p>Jacob's Ladder: Offers support and tools to help parents and families who have lost a child through their journey of loss and grieving. Jacobs's Ladder meets the second Tuesday of each month at 6:30 P.M. at In His Presence Church. For more information, please contact Debi Hoffard at (989) 239-8963 or Carolyn Killey at (989) 686-5704</p>	<p>Mid-Michigan Young Onset Parkinson Support Group Provides support for those with Parkinson Disease at an early age (under age 60). Share, identify, and address needs, issues, and challenges. Meets monthly. Contact Joan at 893-1503.</p>
<p>Opportunity Center Offers support, socialization, employment assistance, etc. for persons with a mental illness. Call (989)895-9080 for info.</p>	<p>Parents, Families and Friends of Lesbians and Gays (PFLAG) Support to cope with an adverse society, education to enlighten an ill-informed public, advocacy to end discrimination and to secure equal civil rights. For information and questions call (989) 941-1458.</p>	<p>Postpartum Depression Support Available through Bay Regional Medical Center. Phone and group support available as well as help accessing resources. Call (989)894-6980 for questions, group meeting dates and location.</p>
<p>Groups for Adults and Children Contact MPA at 667-9661</p>	<p>Recovery Inc. A group for adults struggling with anxiety, panic, worry, fear, and/or depression. Offers support, reassurance, encouragement and coping skills. Call (989)781-2130</p>	