

M.P.A. Group NFP, Ltd.
1217 S. Euclid Ave.
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(989) 667-9661

Attached in our Tentative 2017 Group Schedule for Children/Adolescents, Parents, and Adults. It is tentative in that additional groups may be added as the need appears, or some group dates may change due to enrollment. If you have any questions, please contact the Group Coordinator, Michelle Richards at (989) 667-9661, ext. 237.

Thank you!

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2017 Group Schedule

Children's Groups

Super Social Skills (for boys in grades 5-7) – 5 week group w/ Deidre and Karen
Dates pending

Non-Directive Play Therapy Group – 1 week/5 day group w/ Lloyisa and Tracy
(Ages 3-6) Monday-Friday – July 17th through July 21st at 9:00 – 10:30 a.m.
(Ages 3-6) Dates pending

Teen Mindfulness (Ages 14-17) – 4 week group w/ Rachel and TBD
Friday – December 22nd – January 12th at 1:00 – 2:30 p.m.

Anger Management Groups

Chill Out (for Elementary School ages) – 4 week group w/ Lloyisa and Deidre
Thursdays – June 15th through July 6th at 9:30 – 11:00 a.m.

Chillaxin (for Middle School ages) – 4 week group w/ Lloyisa and Celia
Thursdays – June 15th through July 6th at 1:00 – 2:30 p.m.

Self Esteem Groups

Girl Power (for Elementary School girls) – 4 week group w/ Chris and Karen
Tuesdays – July 18th through August 8th at 10:30 – 12:00 p.m.

Girl Talk (for Middle School girls) – 4 week group w/ Tracy and Ashley
Wednesdays – July 19th through August 9th at 1:00 – 2:30 p.m. (in net-work)

Stop The Drama (for High School ages) – 5 week groups w/ Liz and Vicki
Wednesdays – March 1st through March 29th at 3:30 – 5:00 p.m.

Grief Groups

Healing Hurts (Ages 13-17) – 6-week group w/ Karen and Celia
Thursdays – January 19th through February 23rd at 4:00 – 5:30 p.m.

Tear Soup (Ages 9-12) – 6-week group w/ Karen and Chelsea
Thursdays – March 19th – April 13th at 4:00 – 5:30 p.m.

Sad Days (Ages 6-8) – 6-week group w/ Karen and Ashley
Thursdays – April 17th – June 1st at 4:00 – 5:30 p.m.

Coping with the Holidays (Grief group for families) 4-week group w/ Karen and Kayla
Wednesdays – December 6th – December 27th at 5:00 – 6:30 p.m.

1-Day Workshops

What You Should Know About Social Networking – 1-day workshop w/ Liz and Chelsea (Middle School ages) Thursday – January 19th at 4:30 – 6:00 p.m.

Play to Win Play Group (for ages 5-10) – 1-day workshop w/ Chris and Kayla
Tuesday – August 15th at 10:30 – 12:00 p.m.

Back to School Workshops – 1-day workshop w/ Lloyisa, Tracy, and TBD
(Preschool-1st grade) Wednesday – August 23rd at 9:00 – 10:30 a.m.
(2nd-5th grade) Wednesday – August 23rd at 10:30 – 12:00 p.m.
(6th-12th grade) Wednesday – August 23rd at 1:00 – 2:30 p.m.

Teen Mindfulness Workshop (Ages 14-17) – 1 day workshop w/ Rachel
Thursday – December 22nd at 1:00 – 2:30 p.m.

Yoga Pretzels – 1-day workshop w/ Lloyisa, Tracy, and Vicki
(Ages 6-9) Wednesday – December 27th at 9:00 – 10:30 a.m.
(Ages 10-13) Wednesday – December 27th at 10:30 – 12:00 p.m.

Chill Out (for Elementary School ages) – 1-day workshop w/ Lloyisa and Deidre
Thursday – December 28th at 9:30 – 11:00 a.m.

Chillaxin (for Middle School ages) – 1-day workshop w/ Lloyisa and Celia
Wednesday – December 27th at 1:00 – 2:30 p.m.

NOTE: Remember to include the PCP addendum with the internal group flyers so staff can get these completed and signed with the referral.

Groups for Parents/Caregivers

Love and Logic Parenting Group – 5 week/10 session group w/ Lloya, Tracy, Ashley, and TBD
Mondays and Thursdays – January 9th through February 9th at 10:30 – 12:00 p.m.
Mondays and Thursdays – April 24th through May 25th at 10:30 – 12:00 p.m.
Mondays and Thursdays – August 14th through September 18th at 10:30 – 12:00 p.m.

Trauma Group for Caregivers – 3 week/6 session group w/ Lloya and Chelsea
Mondays and Wednesdays – February 13th through March 1st at 9:30 – 11:00 p.m.
Dates pending

Co-Parenting Group – 6 week group w/ Lloya and Celia
Dates pending per request.

Adult Skills Training Groups

Grief and Loss – 4 week group w/ Vanessa and Mary
Wednesdays – February 1st through February 22nd at 1:00 – 2:30 p.m.

Self Esteem & Healthy Relationships – 4 week group w/ Morgan
Thursdays – March 9th through 30th at 1:00 – 2:30 p.m.

Emotion Regulation – 2 week group w/ Mary
Wednesdays – May 3rd through May 10th at 1:00 – 2:30 p.m.

Life Skills – 4 week group w/ Amy
Wednesdays – July 5th through July 26th at 2:00 – 3:30 p.m.

Bridges & Barriers – 4 week group w/ Liz and Chelsea
Mondays – August 7th through August 28th at 10:30 – 12:00 p.m.

Meditation/Mindfulness – 4 week group w/ Rachel
Fridays – September 8th through September 29th at 1:00 – 2:30 p.m.

Grief and Loss – 4 week group w/ Vanessa and Mary
Wednesdays – October 4th through October 25th at 1:00 – 2:30 p.m.

Conflict Resolution – 4 week group w/ Emily
Mondays – November 6th through November 27th at 10:00 – 11:30 a.m.

Stress Busters – 2 day workshop w/ Vanessa
TBD – December