SAGINAW COUNTY

Saginaw Area

A & D MONTHLY GRIEF SUPPORT (2 groups)
1st Wed: 3:00-4:40 PM OR 3rd Wed: 6:00-7:30 PM
A & D Hospice 3375 Carver St (west on Enterprise off Bay Rd)
CONTACTS: LAURA RUHLE & SARAH LEPPER: 800-884-3335

SURVIVORS OF SUICIDE (surviving family members)
Meets the 1st & 3rd Thursdays at 7:00PM--new location
State Street United Methodist, 3617 Mackinaw @ State
CONTACT: BARB SMITH 781-5260

BEREAVED PARENTS (for child loss--any age)
Nearest group is now Jacob’s ladder in Bay Co

GRIEF RECOVERY SERIES (6 session series)
Diocese of Saginaw (Offered by regions: list on p.4)
CONTACT: FAMILY MINISTRY OFFICE--797-6660

GRIEF SHARE 13-week ongoing series – Tues. 2-3pm
Samaritas & Reverence HHC & Hospice
Zion Lutheran Church, 1209 Hancock & Court St.
(members may come in at any point in the series)
CONTACT: PASTOR SUE HAND 859-4491

INTRO TO SPOUSAL LOSS (6-week series)
Covenant 5400 N. Mackinaw-- 3rd Floor Conf. Rm B
6-consecutive Thursdays 10-11:30 am
PreRegister: Series start based on # of registrants
CALL: GERRY: 583-5267 or ALISON 583-5268

Note: Both the Deislers’s & the Living On grief groups were discontinued as of Aug 2016.

Frankenmuth

GRIEF SUPPORT (evening group)
Wellsprings Lutheran Hospice 100 Mayor Road
Meets the 3rd Thursdays at 7-8:30PM
CONTACT: JANE OLIVIER 989-652-4663

GRIEF SHARE 13-week series – held twice a year
St. Lorenz Lutheran Church, 140 Churchgrove
CONTACT: PASTOR DALE AHLSCHWEDE 989-652-6141

Birch Run

Tea @ 5 (widows group)
Silver Creek Apartment Complex Clubhouse,
11886 Silver Creek Dr.
For dates contact: LUANN PERIARD 989-624-5103
LOCAL GRIEF SUPPORT GROUPS-- October 2016

**BAY-ARENAC COUNTIES**

**ADULT GRIEF SUPPORT- Standish** St Mary’s of MI Hospital
1st & 3rd Mondays at 6pm. CALL: 846-3441

**GRACE HOSPICE—6 Week Adult Grief Series:**
Grace Hospice (VPA Building) 1484 Straits Dr (Mackinaw at I-10)
CONTACT: Jennifer Shobe--686-9866 to pre-register

**GRIEF RECOVERY—6 Week Series by Region (see p.4)**
CONTACT: FAMILY MINISTRY OFFICE--797-6660

**GRIEF SUPPORT—Prince of Peace 315 W.Center, Linwood**
1st & 3rd Wed at 6:30pm CALL:

**GRIEF SUPPORT-- W.A. Trahan Funeral Home**
256 N. Madison Ave Bay City, MI 48708
2nd Wednesdays at 3:30pm CALL: 989-893-6583

**JACOB’S LADDER—loss of a child of any age: for parents/families**
In His Presence Church, 4521 Monitor Road: 2nd Tu at 6:30 PM
CONTACT: CINDY: 686-5704 or DEBI: 239-8963

**PRECIOUS RELECTIONS—infant/pregnancy loss**
Bay Medical Center: Message line: 894-3015

**MIDLAND COUNTY**

**BEREAVEMENT SUPPORT GROUP—Heartland Hospice**
The Eagle Ridge Church of God, 2808 Waldo Rd.
Meets 2nd & 4th Mondays at 11AM
CONTACT: SUE AT HEARTLAND 1-800-275-4517

**CHILDREN’S GRIEF CENTER (Two Options: 6:30-8:00pm)**
1st & 3rd MONDAYS @ Messiah Lutheran (1550 Poseyville Rd)
2nd & 4th TUESDAYS @ Salvation Army (420 Waldo Rd)
CONTACT: Camille Gerace Nitschky: 859-1802

**GRIEF & LOSS ADULT SUPPORT GROUP (6 weeks)**
New Life Vineyard Church 1014 Ashman
CONTACT: MidMichigan Homecare: 800-862-5002

**GRIEF SUPPORT (6 week series—held biannually)**
Memorial Presbyterian Church, 1310 Ashman St.
CONTACT: NAN SPENCE 791-7879

**GRIEF SUPPORT (12 week sessions based on demand)**
First Baptist Church, 915 E. Sugnet, Midland
CONTACT: DAVID BROWN, 835-6731

**MEN’S ADULT GRIEF SUPPORT**
MidMichigan Homecare, 3007 N. Saginaw Rd.
Meets: 2nd Mondays 6:00-7:30 pm
CONTACT: MIDMICHIGAN Homecare 1-800-862-5002

**CLARE COUNTY**

**GRIEF RECOVERY (6 weeks biannual series)**
St. Athanasius Parish, 310 S. Broad St. Harrison
CONTACT: Rosie Sprague 539-6232

**GRIEF SHARE (13 week sessions biannually)**
Clare Church of the Nazarene, 10160 S. Grant Ave.
CONTACT: Dee N or Darlene W 989-386-3381.

Stephenson-Whyman GRIEF SUPPORT
Meets 2nd Mondays 7:00 – 8: 30pm
Mulberry Café, 120 E 5th St, Clare
CONTACT: LAURA RUHLE: 800-884-3335

**GLADWIN COUNTY**

**ADULT GRIEF SUPPORT GROUP (6 weeks--2x/yr)**
Beaverton Church of the Nazarene 540 Lang Rd.
CONTACT: MIDMICHIGAN Homecare 1-800-862-5002

**GRATIOT COUNTY**

**ADULT GRIEF SUPPORT GROUP (6 weeks)**
1st Presbyterian Church, 495 Charles Ave, Alma.
CONTACT: MIDMICHIGAN VNA 1-800-862-5002

**MOUNT PLEASANT**

**ADULT GRIEF SUPPORT GROUP**
Woodland Hospice, 2597 S. Meridian Rd.
Meets 1st Tuesdays: 5:30PM-7PM
CONTACT: Jennifer 773-6137

**GRIEF SUPPORT—Charles Lux Funeral Home**
-2300 S. Lincoln Rd. 3rd Mondays: 6:30-8:00 PM
CONTACT: 773-5616
LOCAL GRIEF SUPPORT GROUPS-- October 2016

[Thumb Area by Town]

BAD AXE

FINDING YOUR WAY THROUGH GRIEF (for spousal loss)
Holiday Inn Express, 55 Rapson:--4th Thursday 2pm
CONTACT: SUE GENTLE 800-275-4517 Heartland Hospice

MacAlpine Funeral Home Grief Support—6 week series TBA
CONTACT Abigail Rocherfort 989 269-2472

United Hospice DINNER GROUP: for Widow/ Widowers/singles
Franklin Inn, 1060 E. Huron Ave. Meets: Last Thursday’s 6pm.
CONTACT: Elise Kelly (989) 635-4134 OR (800) 635-7490 EXT. 4134

MARLETTE

GRIEF GROUP
Marlette Hospital Admin. Conf. Room, (Seton Center Entrance)
Meets the 1st Friday at 10AM
CONTACT: ELSIE KELLY: 635-4134 OR (800) 635-7490 EXT. 4134

LUNCH GRIEF GROUP (United Hospice) Widow/ Widowers/singles
Eddie G’s Restaurant Meets the 1st Tuesday at noon
CONTACT: ELSIE KELLY: OR (800) 635-7490 EXT. 4134

PIGEON

A & D Grief support—2nd Tues: 6:00-7:30pm
Pigeon Library 7236 Nitz Rd
CONTACTS: LAURA RUHLE & SARAH LEPPER: 800-884-3335

Heartland Grief Share—13 weeks Starts in March + Sept
Country Bay Village 161 Country Bay Rd
5:30-8:00 pm Tuesdays
CONTACT: JEFF KEEN 877-486-6617 Heartland Hospice

PERIODIC GRIEF GROUP – as required by demand
UNITED HOSPICE, Country Gardens
CONTACT: ELSIE KELLY: 635-4134 OR (800) 635-7490 EXT. 4134

SANDUSKY + HARBOR BEACH
NO CURRENT GROUPS AVAILABLE

CASS CITY

LUNCH GRIEF GROUP (United Hospice) Widow/ Widowers/singles
Nick’s Country Oven, 6209 Main St.
Meets the 3rd Wednesday--noon
CONTACT: ELSIE KELLY: 635-4134 OR (800) 635-7490 EXT. 4134

LEXINGTON

GRIEF GROUP--Trinity Episcopal Church, 5646 Main
Meets the 3rd Tuesday at 10am
CONTACT: ELSIE KELLY: 635-4134 OR (800) 635-7490 EXT. 4134

VASSAR

GRIEF GROUP
Martin Funeral Home, 1148 W. Saginaw Rd.
Meets the 2nd Tuesday from 10am
CONTACT: SUSAN (Martin Funeral Home) (877) 823-8621 OR
susan@martinfuneralhome.com
LOCAL GRIEF SUPPORT GROUPS-- October 2016

[Nearby Areas]

FLINT
FOR GRIEF SUPPORT GROUPS IN THIS AREA CONTACT:
Home & Hospice Advantage: LYNN (810) 733-9975
Heartland Hospice: LYNETTE 1-888-427-6818
Avalon Hospice: CANDY (810) 733-7250

OWOSSO
NO CURRENT GROUPS AVAILABLE

SEASONAL OR OCCASIONAL GROUPS

CAMP CARING HEARTS -Children's Bereavement Camp
June 18th:10-4pm. Greater Midland North Family Center
A free one-day camp for grieving children and youth
Free Transportation: 8:30am from Saginaw Twp. Meijer’s
CONTACT: SUE 1-800-275-4517--Preregistration required.

CAMP HEALING HEARTS— 1-day grief retreat
For grieving children + family, held at Seton Cove in Saginaw
Date: Saturday in Sept/Oct 2017
Hosted by Ascension- St. Mary’s & Heartland Hospice
CONTACT: SUE at Heartland 1 800-275-4517 or 667-3440

CAMP HOPE—3-day Grief camp for kids ages 6-17
Dates: Aug 16-18. 2016 (Includes transportation & 2 night stay)
The Springs Center in Gladwin County.
Registration Deadline: July 8, 2016
CONTACT: Wellsprings Hospice (989) 652-4663

CAMP WARM HEARTS -Family Grief Day Camp
Saturday Oct 1st - 8:30 am – 6:00 pm. Community of Christ
Campground--3500 W. River Rd, Sanford, MI 48657
A free one-day camp for bereaved families with children
CONTACT: DIANE MSW 1-800-862-5002--Preregistration required.

SAGINAW DIOCESE GRIEF RECOVERY (6 session series)
Dates & Places & Times vary—by regional areas
CONTACT: FAMILY MINISTRY OFFICE--797-6652 or 797-6660
Bay City area parishes
Chesaning area parishes
Harrison area parishes
Midland area parishes
Saginaw area parishes

INTERNET/ ONLINE SUPPORT

THE COMPASSIONATE FRIENDS PARENT CHAT NETWORK
http://www.compassionatefriends.org
http://www.compassionatefriends.org/Find_Support/Online-Community/Online_Support.aspx

EMAIL SUPPORT GROUPS
http://www.griefnet.org/

ABOUT...GRIEF & LOSS
http://depression.about.com/od/griefsupport/
http://www.gaylordfuneralhome.com/grief-and-healing/

SELF-HEALING EXPRESSIONS
http://www.selfhealingexpressions.com
www.WakemanFuneralHome.com