

LOCAL GRIEF SUPPORT GROUPS-- October 2016

SAGINAW COUNTY

Saginaw Area

A & D MONTHLY GRIEF SUPPORT (2 groups)

1st Wed: 3:00-4:40 PM **OR** 3RD Wed: 6:00-7:30 PM

A & D Hospice 3375 Carver St (west on Enterprise off Bay Rd)

CONTACTS: LAURA RUHLE & SARAH LEPPER: 800-884-3335

BEREAVED PARENTS (for child loss--any age)

Nearest group is now Jacob's ladder in Bay Co

GRIEF RECOVERY SERIES (6 session series)

Diocese of Saginaw (Offered by regions: list on p.4)

CONTACT: FAMILY MINISTRY OFFICE--797-6660

GRIEF SHARE 13-week ongoing series – Tues. 2-3pm

Samaritas & Reverence HHC & Hospice

Zion Lutheran Church, 1209 Hancock & Court St.

(members may come in at any point in the series)

CONTACT: PASTOR SUE HAND 859-4491

INTRO TO SPOUSAL LOSS (6-week series)

Covenant 5400 N. Mackinaw-- 3rd Floor Conf. Rm B

6-consecutive Thursdays 10-11:30 am

Preregister: Series start based on # of registrants

CALL: GERRY: 583-5267 or ALISON 583-5268

Snow's MONTHLY GRIEF AFTER-CARE By TOPICS

Zaue Memorial Library, 3100 N. Center Ave, (Sag twp)

Meets the 2nd Tuesdays at 7pm: except March & Nov (1st Tu)

Presenter: BILL RABIOR, MSW--Chaplain

CONTACT: MICHELLE 791-4515--Snow Funeral Home

Southern Care GRIEF SUPPORT FOR CAREGIVERS

Southern Care Hospice, 6272 State Street

Meets on 3rd Thursdays-- 6:00PM

CONTACT: DONALD K 790-7533

SURVIVORS OF SUICIDE (surviving family members)

Meets the 1ST & 3rd Thursdays at 7:00PM--new location

State Street United Methodist, 3617 Mackinaw @ State

CONTACT: BARB SMITH 781-5260

VNA's GRIEF PROGRAMS (please call for current offerings)

CARTWRIGHT CENTER 3443 Hospital Rd, Saginaw Twp

Contact VNA Chaplain or SW's: 799-6020 or 583-3065.

TENDER TEARS (pregnancy loss, stillbirth, newborn death)

1st Wed 7pm at Child & Family-- 2806 Davenport

CONTACT CHRISTINA RN: 583-4274 or BOB KOCH 583-6042

NOTE: Both the Deisler's & the Living On grief groups were discontinued as of Aug 2016.

Frankenmuth

GRIEF SUPPORT (evening group)

Wellsprings Lutheran Hospice 100 Mayor Road

Meets the 3rd Thursdays at 7-8:30PM

CONTACT: JANE OLIVIER 989-652-4663

GRIEF SHARE 13-week series – held twice a year

St. Lorenz Lutheran Church, 140 Churchgrove

CONTACT: PASTOR DALE AHLSCHEWEDE 989-652-6141

Birch Run

Tea @ 5 (widows group)

Silver Creek Apartment Complex Clubhouse,

11886 Sliver Creek Dr.

For dates contact: LUANN PERIARD 989-624-5103

LOCAL GRIEF SUPPORT GROUPS-- October 2016

BAY-ARENAC COUNTIES

ADULT GRIEF SUPPORT- Standish St Mary's of MI Hospital
1st & 3rd Mondays at 6pm. CALL: 846-3441

GRACE HOSPICE—6 Week Adult Grief Series:
Grace Hospice (VPA Building) 1484 Straits Dr (Mackinaw at I-10)
CONTACT: Jennifer Shobe--686-9866 to pre-register

GRIEF RECOVERY--6 Week Series by Region (see p.4)
CONTACT: FAMILY MINISTRY OFFICE--797-6660

GRIEF SUPPORT—Prince of Peace 315 W.Center, Linwood
1st & 3rd Wed at 6:30pm CALL:

GRIEF SUPPORT-- W.A. Trahan Funeral Home
256 N. Madison Ave Bay City, MI 48708
2nd Wednesdays at 3:30pm CALL: 989-893-6583

JACOB'S LADDER--loss of a child of any age: for parents/families
In His Presence Church, 4521 Monitor Road: 2nd Tu at 6:30 PM
CONTACT: CINDY: 686-5704 or DEBI: 239-8963

PRECIOUS RELECTIONS-infant/pregnancy loss
Bay Medical Center: Message line: 894-3015

MIDLAND COUNTY

BEREAVEMENT SUPPORT GROUP—Heartland Hospice
The Eagle Ridge Church of God, 2808 Waldo Rd.
Meets 2nd & 4th Mondays at 11AM
CONTACT: SUE AT HEARTLAND 1-800-275-4517

CHILDREN'S GRIEF CENTER (Two Options: 6:30-8:00pm)
1st & 3rd MONDAYS @ Messiah Lutheran (1550 Poseyville Rd)
2nd & 4th TUESDAYS @ Salvation Army (420 Waldo Rd)
CONTACT: Camille Gerace Nitschky: 859-1802

GRIEF & LOSS ADULT SUPPORT GROUP (6 weeks)
New Life Vineyard Church 1014 Ashman
CONTACT: MidMichigan Homecare: 800-862-5002

GRIEF SUPPORT (6 week series—held biannually)
Memorial Presbyterian Church, 1310 Ashman St.
CONTACT: NAN SPENCE 791-7879

GRIEF SUPPORT (12 week sessions based on demand)
First Baptist Church, 915 E. Sugnet, Midland
CONTACT: DAVID BROWN, 835-6731

MEN'S ADULT GRIEF SUPPORT
MidMichigan Homecare, 3007 N. Saginaw Rd.
Meets: 2nd Mondays 6:00-7:30 pm
CONTACT: MIDMICHIGAN Homecare 1-800-862-5002

CLARE COUNTY

GRIEF RECOVERY (6 weeks biannual series)
St. Athanasius Parish, 310 S. Broad St. Harrison
CONTACT: Rosie Sprague 539-6232

GRIEF SHARE (13 week sessions biannually)
Clare Church of the Nazarene, 10160 S. Grant Ave.
CONTACT: Dee N or Darlene W 989-386-3381.

Stephenson-Whyman GRIEF SUPPORT
Meets 2nd Mondays 7:00 – 8: 30pm
Mulberry Café, 120 E 5th St, Clare
CONTACT: LAURA RUHLE: 800-884-3335

GLADWIN COUNTY

ADULT GRIEF SUPPORT GROUP (6 weeks--2x/yr)
Beaverton Church of the Nazarene 540 Lang Rd.
CONTACT: MIDMICHIGAN Homecare 1-800-862-5002

GRATIOT COUNTY

ADULT GRIEF SUPPORT GROUP (6 weeks)
1st Presbyterian Church, 495 Charles Ave, Alma.
CONTACT: MIDMICHIGAN VNA 1-800-862-5002

MOUNT PLEASANT

ADULT GRIEF SUPPORT GROUP
Woodland Hospice, 2597 S. Meridian Rd.
Meets 1st Tuesdays: 5:30PM-7PM
CONTACT: Jennifer 773-6137

GRIEF SUPPORT--Charles Lux Funeral Home
-2300 S. Lincoln Rd. 3rd Mondays: 6:30-8:00 PM
CONTACT: 773-5616

LOCAL GRIEF SUPPORT GROUPS-- October 2016

[Thumb Area by Town]

BAD AXE

FINDING YOUR WAY THROUGH GRIEF (for spousal loss)
Holiday Inn Express, 55 Rapson--4th Thursday 2pm
CONTACT: SUE GENTLE 800-275-4517 Heartland Hospice

MacAlpine Funeral Home Grief Support—6 week series TBA
CONTACT Abigail Rocherfort 989 269-2472

United Hospice DINNER GROUP: for Widow/ Widowers/singles
Franklin Inn, 1060 E. Huron Ave. Meets: Last Thursday's 6pm.
CONTACT: Elise Kelly (989) 635-4134 OR (800) 635-7490 EXT. 4134

CARO

HEARTLAND GRIEF SUPPORT Caro Community Library
840 W. Frank St--Meets the 2nd Thursday at 4PM
CONTACT: SUE GENTLE: 1-800-275-4517 Heartland Hospice

COMPASSIONATE FRIENDS (child/grandchild loss)
Community Christ Church, 2081 Deckerville Rd.
Meets the 2nd Monday at 7:00PM
CONTACT: DAVE 810-376-2801 OR DIANE 989-673-7192

Southern Care GRIEF SUPPORT—every 2nd Month 6:30pm
Heritage Senior Living 1430 Cleaver Rd, Caro, MI 48723
CONTACT: DONALD K 790-7533 re specific dates

CASS CITY

LUNCH GRIEF GROUP (United Hospice) **Widow/ Widowers/singles**
Nick's Country Oven, 6209 Main St.
Meets the 3rd Wednesday--noon
CONTACT: ELSIE KELLY: 635-4134 OR (800) 635-7490 EXT. 4134

LEXINGTON

GRIEF GROUP--Trinity Episcopal Church, 5646 Main
Meets the 3rd Tuesday at 10am
CONTACT: ELSIE KELLY: 635-4134 OR (800) 635-7490 EXT. 4134

MARLETTE

GRIEF GROUP
Marlette Hospital Admin. Conf. Room, (Seton Center Entrance)
Meets the 1st Friday at 10AM
CONTACT: ELSIE KELLY: 635-4134 OR (800) 635-7490 EXT. 4134

LUNCH GRIEF GROUP (United Hospice) **Widow/ Widowers/singles**
Eddie G's Restaurant Meets the 1st Tuesday at noon
CONTACT: ELSIE KELLY: OR (800) 635-7490 EXT. 4134

PIGEON

A & D Grief support—2nd Tues: 6:00-7:30pm
Pigeon Library 7236 Nitz Rd
CONTACTS: LAURA RUHLE & SARAH LEPPER: 800-884-3335

Heartland Grief Share—13 weeks Starts in March + Sept
Country Bay Village 161 Country Bay Rd
5:30-8:00 pm Tuesdays
CONTACT: JEFF KEEN 877-486-6617 Heartland Hospice

PERIODIC GRIEF GROUP – as required by demand
UNITED HOSPICE, Country Gardens
CONTACT: ELSIE KELLY: 635-4134 OR (800) 635-7490 EXT. 4134

SANDUSKY + HARBOR BEACH

NO CURRENT GROUPS AVAILABLE

VASSAR

GRIEF GROUP
Martin Funeral Home, 1148 W. Saginaw Rd.
Meets the 2nd Tuesday from 10am
CONTACT: SUSAN (Martin Funeral Home) (877) 823-8621 or
susan@martinfuneralhome.com

LOCAL GRIEF SUPPORT GROUPS-- October 2016

[Nearby Areas]

FLINT

FOR GRIEF SUPPORT GROUPS IN THIS AREA CONTACT:

Home & Hospice Advantage: LYNN (810) 733-9975

Heartland Hospice: LYNETTE 1-888-427-6818

Avalon Hospice: CANDY (810) 733-7250

OWOSSO

NO CURRENT GROUPS AVAILABLE

SEASONAL OR OCCASIONAL GROUPS

CAMP CARING HEARTS -Children's Bereavement Camp

June 18th:10-4pm. Greater Midland North Family Center

A free one-day camp for grieving children and youth

Free Transportation: 8:30am from Saginaw Twp. Meijer's

CONTACT: SUE 1-800-275-4517--Preregistration required.

CAMP HEALING HEARTS— 1-day grief retreat

For grieving children + family, held at Seton Cove in Saginaw

Date: Saturday in Sept/Oct 2017

Hosted by Ascension- St. Mary's & Heartland Hospice

CONTACT: SUE at Heartland 1 800-275-4517 or 667-3440

CAMP HOPE—3-day Grief camp for kids ages 6-17

Dates: Aug 16-18, 2016 (Includes transportation & 2 night stay)

The Springs Center in Gladwin County.

Registration Deadline: July 8, 2016

CONTACT: Wellsprings Hospice (989) 652-4663

CAMP WARM HEARTS -Family Grief Day Camp

Saturday Oct 1st - 8:30 am – 6:00 pm. Community of Christ

Campground--3500 W. River Rd, Sanford, MI 48657

A free one-day camp for bereaved families with children

CONTACT: DIANE MSW 1-800-862-5002--Preregistration required.

SAGINAW DIOCESE GRIEF RECOVERY (6 session series)

Dates & Places & Times vary—by regional areas

CONTACT: FAMILY MINISTRY OFFICE--797-6652 or 797-6660

Bay City area parishes

Chesaning area parishes

Harrison area parishes

Midland area parishes

Saginaw area parishes

INTERNET/ ONLINE SUPPORT

THE COMPASSIONATE FRIENDS PARENT CHAT NETWORK

<http://www.compassionatefriends.org>

http://www.compassionatefriends.org/Find_Support/Online-Community/Online_Support.aspx

EMAIL SUPPORT GROUPS

<http://www.griefnet.org/>

ABOUT...GRIEF & LOSS

<http://depression.about.com/od/griefsupport/>

<http://www.gaylordfuneralhome.com/grief-and-healing/>

SELF-HEALING EXPRESSIONS

<http://www.selfhealingexpressions.com>

www.WakemanFuneralHome.com