

Basic First Aid Quiz

*Must have a score of at least 80% (2 or less questions wrong) to pass

- If someone has a nosebleed, you have the person lean back and look at the ceiling
True False
- First aid for a burn includes cooling the area with large amounts of cool water
True False
- You should apply butter or other oil based products to a burn once you have cooled the area
True False
- Firm, direct pressure with clean or sterile bandages is one of the first steps in caring for a bleeding wound
True False
- Covering the burn area with clean or sterile dressings will reduce the chance of infection and reduce the pain
True False
- If you suspect a head injury, do not move the person
True False
- It is very important to know where the first aid supplies and emergency numbers are when you are a responsible adult caring for someone
True False
- If someone is having a seizure, you should put something in their mouth and try to stop the movement
True False
- If there is an insect stinger imbedded in someone's skin, scrape it out and wash the area with soap and water
True False
- If you are having trouble breathing, notice someone else having trouble breathing, or is experiencing an allergic reaction, call 9-1-1
True False

I have read and understand the following trainings:

- Basic Principles of First Aid*
- Cultural Competence & Diversity*
- Person Centered Planning*
- Corporate Compliance, Ethics, & Deficit Reduction*
- HIPAA*
- Limited English Proficiency*
- Infection Control*
- Recovery Principles*
- Trauma Informed Services*
- Safety & Fire*

Signature of Provider: _____

Name of Provider (print neatly): _____ Date: _____

Employer: _____

County: Bay Arenac Behavioral Health

Self Determination Quiz

1. Self Determination is a program.
 - a. True
 - b. False

2. The basic principles of Self Determination are:
 - a. Freedom, Support, Authority, Responsibility
 - b. Freedom, Support, Authority, Respect, Coordination
 - c. Freedom, Support, Authority, Responsibility, Confirmation

3. Having authority refers to:
 - a. Control over a "targeted" amount of funds
 - b. Authority over an individual budget
 - c. Able to get anything you want
 - d. A and B

4. Self Determination begins with:
 - a. An assessment
 - b. An IEP
 - c. A Person Centered Plan

5. The service that assists a person in managing their individual budget is:
 - a. A fiscal intermediary
 - b. A psychologist
 - c. A payee

6. Self Determination requires you to change all your current supports:
 - a. True
 - b. False

7. You can help someone live a self-determined life by:
 - a. Remember the person's dreams, desires and health and safety needs
 - b. Encourage and assist the person to develop real relationships that result in friendships and community connections
 - c. Help the person become a real part of his/her community (know neighbors, the people at the bank or corner store, etc.)
 - d. All of the above

8. For more information about Self Determination you can contact:
- a. Brett Kish
 - b. Kevin Bacon
 - c. Chelli Harless

Signature

Date

Name of employer you are working for

Recipient Rights Test

Name _____

Work Site _____

1. Who are the Recipient Rights staff for Bay and Arenac Counties?
 - a. Gale Bradish and Diane Swank
 - b. George Bush and Bill Clinton
 - c. Melissa Neering-Prusi, Janelle Steckley and Jeff Wells
 - d. Judge Judy and Joe Brown

2. Who must report suspected incidents of Abuse, Neglect or rights violations?
 - a. All employees of a Mental Health Board
 - b. Contract employees of a Mental Health Board
 - c. Volunteers with a Mental Health Board
 - d. All of the Above

3. When must suspected incidents of Abuse, Neglect, or rights violations be reported?
 - a. Within one week
 - b. Verbal reports must be made immediately
 - c. A written report must be made by the end of your work shift
 - d. B and C

4. There must always be a "need to know" basis when releasing confidential information, even if the release is to a co-worker.
 - a. True
 - b. False

5. Staff cannot take photographs or make video and audio recordings of recipients without written permission/authorization.
- a. True
 - b. False
6. A recipient in a group home continually uses foul language in speaking with other recipients and home staff. Despite your (and staff's) repeated efforts to correct her and change this habit she continues to do so. You:
- a. Do nothing further as it is impossible to change the person's language.
 - b. Have the staff wash the recipient's mouth out with soap and water and tell her they will do so again if she continues to use foul language. Make sure they follow up with those threats as consistency is the key to successful behavior modification.
 - c. Have staff continue to encourage the recipient to use acceptable language by trying different approaches (modeling those approaches for staff yourself), working with your supervisor, or asking for a consultation with her case manager or a psychologist.

For questions 7-10 please identify the examples below as abuse, neglect or neither:

7. A staff is upset with a recipient for hitting him, so the staff grabs the arms of the recipient and pushes him against the wall.
- a. Abuse
 - b. Neglect
 - c. Neither
8. A staff member discovers a recipient laying on the floor, moaning, saying his hip hurts and is refusing to get up off the floor. The staff fails to seek out any assistance for the recipient and leaves him on the floor all night. The next day the recipient is taken by ambulance to the hospital and it is discovered he has a broken hip.
- a. Abuse
 - b. Neglect
 - c. Neither

9. A staff member asks another to help hold a recipient down so her prescribed medication can be passed on time. Both staff hold the recipient down and force the medication into her mouth.

- a. Abuse b. Neglect c. Neither

10. Staff fails to put seat belts on the recipients in the van. There is an accident and one recipient cuts his hand, requiring stitches.

- a. Abuse b. Neglect c. Neither

For questions 11-15 please match the word to the appropriate definition:

- | | | |
|--------------------------|-----|---|
| 11. Dignity & Respect | ___ | a. Physical management applied to a recipient when there is no immediate risk of harm to staff or recipients. |
| 12. Informed Consent | ___ | |
| 13. Civil Rights | ___ | b. The right in which the recipient and their family is treated professionally. |
| 14. Unreasonable Force | ___ | |
| 15. Person Centered Plan | ___ | c. The rights guaranteed to all US citizens which include the rights to due process, voting, and religious expression. |
| | | d. A process in which recipients identify their goals, needs, dreams, and together with a team create a plan for services. |
| | | e. The recipient and/or guardian are fully knowledgeable of the treatment or medication they are about to receive or authorize. |