

BAY-ARENAC BEHAVIORAL HEALTH AUTHORITY POLICIES AND PROCEDURES MANUAL

Chapter: 4	Care & Treatment Services		
Section: 9	Health and Medications		
Topic: 12	Pain Management		
Page: 1 of 4	Supersedes Date: Pol: 9-20-01 Proc: 9-30-06, 1-20-04, 9-20-01	Approval Date: Pol: 2-19-04 Proc: 8-21-2024	_____ <i>Board Chairperson Signature</i>
			_____ <i>Chief Executive Officer Signature</i>
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Policy

It is the policy of Bay-Arenac-Behavioral Health Authority (BABHA) to evaluate or screen persons served for the presence of pain in order to determine the need for further assessment. If appropriate, the person will be referred to the appropriate pain management resources, which will coordinate care plans with the primary care physician to treat the effects of chronic pain.

Purpose

This policy and procedure was established to provide a process by which individuals receive a screening process for a comprehensive pain assessment, if appropriate.

Education Applies to

- All BABHA Staff
- Selected BABHA Staff, as follows: All Clinical, Clinical Management, Ancillary Care and Agency Nurses – Community Based, Clinical, and ACT.
- All Contracted Providers: Policy Only Policy and Procedure
- Selected Contracted Providers, as follows:
 - Policy Only Policy and Procedure
- Other:

Background

BABHA understands the impact that physical pain can have on a person’s mental behavioral health, personal relationships, life roles and overall quality of life. BABHA is committed to screening or evaluating individuals on an annual basis, for the presence of conditions that may be causing pain and to assist the consumer in developing a plan to address these conditions.

Definitions

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N/A

Procedure

1. Clinical staff will screen persons for the presence of pain during the initial intake and at least on an annual basis.
2. Clinical staff will ask the person to complete the Clinical Assessment at intake and at annual review. These forms screen for the presence of conditions that cause pain. The clinical staff will use the information provided as they complete their assessment and work with the individual to develop the Person-Centered Plan (PCP).
3. If the person identifies that they have a condition that causes them pain either at intake, during a routine office visit, or a home visit, but at least annually, the clinical staff person will do the following:
 - a. Assess the pain to include location, character, intensity, duration, frequency, and relieving factors of the pain.
 - b. Assess what effects the pain is currently having on the person’s life including their behavioral health, personal relationships, physical mobility, social life, recreational opportunities and work or school.
 - c. Ensure that the person is connected to medical care to treat the condition.
 - d. Coordinate with the primary care physician to ensure that behavioral health care and medical treatment are coordinated.
 - e. Ensure that treatment is provided to alleviate the behavioral health effects of chronic pain including anxiety, mental anguish, depression, substance abuse and suicidal ideations.
 - f. Educate the individual regarding the effects of chronic pain and strategies to cope with them including pharmacological and non-pharmacological approaches.
 - g. Provide information and support to family members and other significant others if indicated and with the consent of the consumer,
 - h. Provide the person with resources and educational information related to pain management.
4. When pain is identified, it will be reassessed and documented at the time of a periodic review.

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5. A list of pain management resources will be maintained including support groups, pain management centers, and state and national organizations.
6. Educational materials for persons served, family members and other interested persons will be developed and/or obtained.
7. Clinical staff will be educated regarding the effects of chronic pain, how to screen and assess for pain, the variety of treatment strategies for pain management, cultural issues and the barriers to effective treatment so that they may assist the persons served in obtaining appropriate medical care and assist them in coping with the effects of chronic pain.
8. If appropriate, new staff will be required to receive training during their orientation period.
9. Periodic training will also be offered to keep staff up to date on pain management approaches.

Attachments

N/A

Related Forms

Clinical Assessment: Health (Electronic Health Record)
Nursing Assessment (Electronic Health Record)

Related Materials

N/A

References/Legal Authority

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Accrediting Bodies

SUBMISSION FORM				
AUTHOR/ REVIEWER	APPROVING BODY/COMMITTEE/ SUPERVISOR	APPROVAL /REVIEW DATE	ACTION (Deletion, New, No Changes, Replacement or Revision)	REASON FOR ACTION - If replacement list policy to be replaced
M. Bartlett	M. Bartlett	10/26/09	Revision	Terminology change
K. Withrow M. Bartlett	M. Bartlett M. Swank	06/24/13	Revision	Triennial review: Updated with Person First Language
S. VanParis	HCP	8/21/24	Revision	Triennial review: Updated to reflect current forms used and punctuation. Added ACT to "education applies to" section