

Bay County Counseling Resources

If you or someone you know is having a mental health crisis or thoughts of suicide and need help now call the Bay Arenac Crisis Line at 1-800-327-4693

Bay Arenac Behavioral Health

Behavioral Health Center

201 Mulholland
Bay City, MI
(989) 895-2300

Arenac Center

1000 W. Cedar St.
Standish, MI
989-846-4573

Serve adults, children and families with mental illness, developmental disabilities, and serious emotional disturbance. Priority for service includes persons with Medicaid, MI Child, Healthy Kids, and low income without insurance.

Services include: Clinical Assessment, Individual, Family and Group Therapy, Home Based Services, Case Management/Supports Coordination, Psychiatric Services, 24-hour Emergency Services, Respite, Geriatric Outreach, Hispanic Outreach, Residential Services, Day Programming, Vocational Services, etc.

To Request Services call 1-800-448-5498 (Monday-Friday 8:00 AM to 5:00 PM)

For 24-hour Emergency Services call 1-800-327-4693 or 895-2300

AGENCY Address/Phone #	Service Type			INSURANCES Accepted	Other Comments
	MH	Co-occurring	SUD		
Aspiring to Change Counseling Services Bay City location 1210 Salzburg Bay City, MI 48706 989-492-0404	Yes	Yes	Yes	Most major insurances and Medicaid Health Plans are accepted.	Counseling services to toddlers, children (6-12), teenagers (12-18), young adults (18-24), and adults (24+) Individual counseling , Group Therapy, Family Therapy https://www.aspiringtochange.com/
Amber K. Shaw Counseling 721 Washington Ave, #507 Bay City, MI 48708 989-778-1061	Yes	No	No	Self-Pay	Treats several general counseling issues. Preteens to adults 12+. Individuals, Couples, Family https://www.ambershawcounseling.com/
Bay Area Women's Center- Women's Shelter Arenac County 3727 Deep River Rd, Standish, MI 48658	N/A	N/A	N/A	Free Service	24 Hour crisis, info & referrals, emergency & transitional shelter, individual counseling, support groups, sexual assault legal advocacy, emergency cell phones, community education. Works with Mid- Michigan Community Action Center to help find resources in the community.

Bay County 3411 E. Midland Rd. Bay City, MI 48706 989-686-4551					https://www.bawc-mi.org/
Butterfly Effect Therapy 509 Center Ave., Bay City, MI 48708 989-249-3227	Yes	No	No	Private Pay Participates with some insurance. Call to verify if your insurance is accepted.	Children, Adolescents, Adults Play Therapy, Individual Counseling, Animal Assisted Therapy https://www.mibutterflyeffecttherapy.com/
Catholic Family Services 1420 Center Ave., Bay City, MI 48708 989-892-2504 Sexual Assault Crisis Line 989-790-9118				Private insurance and private payment accepted. Sliding fee scale	Full range of counseling services designed to strengthen and improve the lives of individuals, couples, and families. https://catholicfamilyservice.net/
Delta Psychological and Neurobehavioral Services 114 Tuscola Rd., Bay City, MI 48708 989-895-0799	Yes	Yes	Yes	Accept most public and private insurance plans	Individual and Family Counseling; ADHD Clinic; Mood Disorder Clinic; Traumatic Brain Injury Clinic; Psychiatric Medication Clinic; General Psychological Testing; Pediatric Neuropsychological Services, Adult Clinical Neuropsychological Services https://www.deltapsych.com/
Douglas VanderLaan, MA, LPC 721 Washington Ave., Bay City, MI 48708 989-315-8015	Yes	No	No	Call to verify if your insurance is accepted.	Ages & Modality: Teenagers, Adults, Elders (65+) Individuals, Couples, Family Specializes in Christian Counseling
Great Lakes Bay Health Centers Bay City South 690 Trumbull St., Bay City 989-922-5700	Yes	Yes	Yes	Medicaid – All Commercial – Most	Children: will meet with case manager prior to being referred to a therapist. Teens OPT svcs in Bay City and will refer to Saginaw for meds as needed. Adults: *MUST* be open to medical svcs to be opened to OPT and/or psychiatry. In person / On-line https://greatlakesbayhealthcenters.org/
Journey Counseling Center 4771 2 Mile Rd., Suite A, Bay City, MI 48706 989-778-2323	Yes	Yes	Yes	Private pay Call to verify if your insurance is accepted	Individual therapy, Couples Counseling In person / On-line https://journeycounseling.center/

List Psychological Services 126 Washington Ave., Bay City, MI 48708 989-684-7977	Yes	Yes	Yes	Most insurances are accepted including: VA Choice Program and VACA. Call to verify if your insurance is accepted.	Ages 6 – Adults Individual therapy, Group Therapy, Couples Counseling, Substance Use Disorder treatment, Psychiatric Services, Psychological testing https://www.listpsych.com/
MPA Group 1217 South Euclide Ave., Bay City, MI 48706 989-667-9661	Yes	Yes	Yes	Most major insurances are accepted. Call to verify if your insurance is accepted.	Child & Adolescents: 3-17 Adults: 18-65+ Individual therapy, Group Therapy, Couples Counseling, Psychiatric Services www.mpacounseling.com
Maple Leaf Counseling Services 4151 Shrestha Dr., Suite D, Bay City, MI 48706 989-220-3060	Yes	Yes	No	Most major insurances are accepted. Call to verify if your insurance is accepted.	Serve individuals of all ages and backgrounds. Individual, Couples In person / On-line www.mlcounseling.com
Michigan Psychoanalytic Services 3284 Paulan Dr., Bay City, MI 48706 989-245-2702	Yes	Yes	Yes	Most major insurances are accepted. Sliding fee scale. Call to verify if your insurance is accepted	Therapy, Psychoanalytic service, marriage counseling www.therapistinsaginawmi.com
Partners In Change 720 W. Wackerly, Midland MI, 48640 (989)832-2165	Yes	No	No	Many major insurances are accepted. Call to verify if your insurance is accepted	Adolescents and Adults Individual Therapy, Couples Therapy, Family Therapy, Mindfulness https://www.partnersinchangemichigan.com/
Recovery Pathways 1009 Washington Ave Bay City, MI 48708 989-928-3566	Yes	Yes	Yes-Primary	Several commercial insurances, Medicaid, Healthy MI Plan, Medicare, CHIP and Some VA insurance. Call to verify if your insurance is accepted	Innovative outpatient mental health and drug rehabilitation programs for adolescents and adults with drug and/or alcohol addiction, as well as mental health disorders. https://recoverypathwaysllc.com/
River's Edge Counseling 916 Washington Ave., Bay City, MI 48708 989-415-3143	Yes	Yes	Yes	Many major insurances are accepted. Call to verify if your insurance is accepted	Adolescents and Adults Individual Therapy, Family Therapy https://www.riversedgecounselingmi.com/

Sacred Heart Rehabilitation Center 1106 Washington Ave., Bay City, MI 48708 989-895-7669	Yes	Yes	Yes	Many major insurances are accepted. Call to verify if your insurance is accepted	Adolescents and Adults Provides an array of behavioral health services including substance use disorder prevention and treatment, mental illness treatment, HIV/AIDS prevention and care management. https://www.sacredheartcenter.com/
Saginaw Psychological Services 615 S. Euclid, Bay City, MI 48706 989-439-1513	Yes	Yes	No	Many major insurances are accepted. Call to verify if your insurance is accepted	Children, Adolescents, Adults Individual therapy, Group Counseling, Family Therapy, Mental Health and Substance Use Disorder services, Psychological Testing; In person / On-line https://www.sagpsych.com/
Serenity Bay Health 946 W. Midland Rd. Auburn, MI 48611 989-266-3188				Many major insurances are accepted. Call to verify if your insurance is accepted	Adolescents and Adults Individual Therapy, Couples Therapy, Family Therapy, Psychiatric Services https://www.serenitybayhealth.com/
The Center for Emotional Health & Empowerment 509 Center Ave., Bay City, MI 48708 989-248-6485				Private Pay, Fee for Service. Some major insurances accepted.	Individual Therapy and Coaching, Group https://www.centerforehe.com/